

DECEMBER 4, 2018

## SUPPORTS AND SERVICES

---

- **Call to order and roll call**
- **Approval of last meeting minutes**
  - Bernie
- **Reporting**
  - Quarter 3 of ORS is open, please ensure clients are entered and the data is submitted no later than 9:00 am, January 4, 2019.
  - Q3 narrative report is due 9:00 am, January 11, 2019.
  - Lisa will begin the Annual FASD Report in January, due June 30<sup>th</sup>, 2019.
- **Finances**
  - All funded programs must confirm with their program/agency accounting departments that Network allocated dollars will be completely spent by March 31, 2019.
  - Please email Lisa once confirmation is received. If it is expected that there will be unspent funding, email Lisa. Please ensure contact is made with the coordinator no later than Friday, January 18, 2019.
- **Business Plan 2019 – 2020**
  - FASD Service Network Program Business Plans are due no later to Cathy Cross than January 31, 2019.
  - While we are hoping for an increase to our operational budget, at this point in time expect funding allocations to remain the same as this year.
  - Part of the business plan includes the 'strategy boxes' that are part of each funded programs Service Level Agreement'.
  - Please review your strategy box which can be found on the Network website, under 'Through the Years', '2018 – 2019', 'Service Level Agreements'.
  - If you would like to revise any of the information that is program specific (i.e. key activities), the revision must be emailed to Lisa no later than Friday, January 11, 2019.
- **Service Quality and Compliance Review**
  - Thank you everyone who has completed with Lisa the program review.
  - To date the Adult FASD Clinic (Glenrose), FASD Respite Program (Elves), Open Arms (Unlimited Potential), and Hope Terrace, FASS Navigator (Bissell Centre) have been completed.
  - McDaniel Youth and First Steps (CSS) are booked for Friday, December 7<sup>th</sup> and Children's FASD Clinic will be booked in January.
  - Lisa has not heard from Metis Nation, EFY, or CASA. The funded programs are to ensure they book a date for the compliance review before January 31, 2019.
- **Social Media: Agency/Staff profiles**

- Request: Social Media Developer would like to host 'Facebook Live' conversations each month. The topics would include highlighting agencies and staffs (those we support and professionals). The developer would prefer a video interview but written would also be fine. It is hoped that each agency/program would choose a frontline staff to highlight (January – Coaching Families, February – Bissell Centre, March – Elves, April – E-FRY)
- Thoughts?
- Tentative about FB live, more receptive to recorded videos.
- **Policy Wise**
- 2 research projects: (a) develop a generic FASD Network navigation model to support each Network's efforts to develop a navigation service that meets our needs (b) research the suitability of replicating successful FASD mentoring/coaching programs in Alberta.
- **Program Updates**
- McDaniel Youth:** waitlist is standing at 25, groups are going well, Christmas party is January 4<sup>th</sup>, 2019.
- First Steps:** currently working on 8 intakes, Christmas party tomorrow.
- Elves:** New program coordinator, 31 children and 12 frontline staff, parenting support groups are running once a month.
- Bissell Centre:** PCAP worker on leave, participant Christmas party December 12<sup>th</sup>, 2018, rec group currently operating once a month.
- CASA:** role of occupational therapist in the community is picking up steam, building programming around the support, waitlist connected with completing assessment and doing the intake.
- UP:** new hire, waitlist 4 – 6 months, Christmas dinner December 12, 2018.
- Adult Glenrose:** 33 out of 45 assessments completed, scheduled into the middle of January 2019, 70 – 80 people on hold.
- Children's Glenrose:** waitlist looks like 150 but there are numerous reasons, Dr. Andrew at a 0.6FTE, new physician.
- Leduc County:** roads are bad, no waitlist currently, met with Vulnerable Populations Team to discuss partnering with one another.

## SOCIETY MEETING

---

- **Call to order and roll call**
- **Approval of last meeting minutes**
- Catherine
- **Community Conversation: Adult FASD Assessment Clinic**
- Recently updated the intake packages.
- Changes to ensure that the right clients are coming forward for assessment.
- New forms are posted on EFAN blog: 'Supports and Services', 'Assessment and Diagnosis' on
- **Prevention Conversation Project**
- Number of consolidated provincial community development initiatives April 1 – September 30, 2018: 294
- Total persons reached: 51,864
- Number of EFAN community development initiatives April 1 – September 30, 2018: 23
- Total persons reached: 5,517
- 10.63% of provincial efforts
- Number of consolidated provincial training sessions April 1 – September 30, 2018: 181

- Total persons reached: 3,503
- Number of EFAN training sessions April 1 – September 30, 2018: 27
- Total persons reached: 1,379
- 25% of provincial efforts
- **PDD Review**
- Meeting this week with the PDD Review Panel.
- **New research/resources**
- **Study Shows High Costs of FASD**
- <https://edmontonfetalalcoholnetwork.org/2018/11/30/study-shows-high-costs-of-fetal-alcohol-spectrum-disorder/>
- FASD carries an average cost of \$23,000/year/person.
- Reviewed 32 studies mainly from the United States and Canada.
- Costs for residential care were higher for children, healthcare costs higher for adults.
- Estimated 630,000 babies worldwide are born with FASD, 1,700 per day.
- **How Thinking About Behaviour Differently Can Lead To Happier FASD Families**
- <https://edmontonfetalalcoholnetwork.org/2018/11/27/how-thinking-about-behavior-differently-can-lead-to-happier-fasd-families-2/>
- Parents of children with FASD who attribute their child's misbehavior to their underlying disabilities, rather than to willful disobedience, tend to use pre-emptive strategies designed to help prevent undesirable behaviours.
- These strategies are likely more effective than incentive-based strategies.
- Educating families and caregivers about the disorder is critical.
- Change the environment in a way that fits the child's needs, one-step instructions, clothing, visual aids...
- Parents and caregivers who were successful in preventing unwanted behaviours have a higher confidence in their parenting and lower levels of frustration with their children than parents who counter unwanted behaviours with consequences after the fact.
- **Stereotyping and stigmatizing disability: A content analysis of Canadian print news media about FASD**
- The media, central to how a public understands and constructs marginalized identities, have a notable history of poorly representing people with disabilities like FASD, which could increase their stigmatization.
- Additionally, given its cause, women who drink while pregnant can also face stigmatization – with some public discourses evoking narratives that promote blame and shame
- Conducted media content analysis of 286 article retrieved from ten of the top Canadian newspapers.
- Across results: stereotype of “the villain” dominated and connected to both key stakeholder groups.
- People with FASD for whom the villain stereotype can be seen in the news coverage connecting them with criminal behavior and women who drink while pregnant, whose ‘villainy’, while occasionally connected to disability discourse via discussion of substance use disorders, was most often built on the social expectation surrounding women and motherhood.
- Most common disability stereotype identified in Canadian FASD news coverage was “villainous, immoral, or deviant disabled person”.
- Concerns in the Canadian newspapers remain focused on subtler messages about individual responsibility, but still without emphasizing the importance of community support, social circles, or the role of the woman's partner.
- **Council/Committee updates**

- FASD Provincial Service Network Program (Networks) met together in November (including our GoA support Cathy, MaryAnn, and Janice and representative from the AB Parent Advisory Council).
  - Deputy Minister of Community and Social Services, Shannon Marchand, attended for an hour. Network presented on the unique work being done and need for a 20% increase in operational funding.
  - **Social Media**
  - Social media developer would like some suggestions for future posts.
  - Ideas for: Tuesdays Tips, Infographics, short video series (i.e. making mocktails, strategies...)
  - FASD and mental health and additions, FASD full body disorder, employment related, parenting strategies, schools.
  - **Next Meeting Date??**
  - Tuesday January 1<sup>st</sup> would be our normal meeting date. Move the date to Tuesday, January 8<sup>th</sup>, 2019?
  - **January meeting cancelled!**
  - Next meeting Tuesday, February 5<sup>th</sup>, 2019
-