



Tuesday November 6, 2018 | 10320 146 Street, Edmonton

Supports and Services 9:00 – 10:00 am

Society Meeting 10:00 – 12:00 pm

SUPPORTS AND SERVICES MEETING

- **Call to order and roll call**
- **Approval of last meeting minutes - Brynn**
- **Reporting**
 - Quarter 3 (Oct – Dec 2018) ORS is now open.
 - Lisa has not received all of the 6-month Expenditures Schedule Bs. Please email to lisa@rogozinsky.org ASAP.
 - Lisa has not received all of the Quarter 2 (July – Sept 2018) narrative reports. Please email to lisa@rogozinsky.org ASAP.
 - Lisa will be providing the bi-annual report to Cathy Cross (GoA) November 21, 2018.
 - Discussion with the GoA that ORS does not reflect accurately the waitlist numbers and client work that occurs prior to the official intake.
 - All agencies/programs must ensure that waitlist individuals are added to ORS so that the data better reflects the demand of the program.
- **Finances**
 - Please ensure programs are on-par to have all allocated funds spent by March 31, 2019.
 - If this is an issue, please contact Lisa asap.
- **Service Quality and Compliance Review**
 - Required by all Network funded programs and services.
 - Lisa will not be able to complete by the end of November.
 - Please email Lisa with three possible meeting times between November 19th and December 14th.
- **GOA and support for the FASD Service Network Model discussion**
 - Discussion throughout Networks of the lack of commitment by the GoA to the FASD Service Network Program (limited staffing compliments with GoA, no strategic plan...).
 - At this date there is no discussion of the FASD Service Network Program becoming part of the PDD system.
- **Additions: Kids Kottage/Elves partnership**
 - Janine Fraser, Executive Director of Kids Kottage, has advised the Kids Kottage Foundation subcommittee to formally dissolve the partnership with Elves (FASD Respite program).
 - Elves is a strong and vibrant program that is more than capable of running without the support of the Foundation.
 - A formal announcement to the Kids Kottage Board of Directors will occur shortly for approval.

Bissell: Hope Terrace position Team Lead open. FASS offers a rec group for program participants that meets once a month, focus on healthy social interactions. Openings on caseloads. Office has moved from the west end to downtown Bissell.

CASA, FasTracs: NA

CASA, First Nations: Looking at other funding opportunities. Program is busy connecting to resources in the communities.

CSS, First Steps: 9 intakes currently in progress, caseloads are full. During winter months group will be reduced to once a month.

CSS, McDaniel Youth: Successful Halloween party, waitlist approximately 30.

EFRY: GES running girl groups in schools. Youth Stop Lifting program beginning November 15 till December 13, 2018. If interested contact Kristina.

Glenrose, Children: The psych eds is what creates the wait times. Dr. Andrew at a 0.6, new physician in place.

Glenrose, Adult: One of the psychologists has gone off on maternity leave, 4 psychologists sharing a 0.6 position. Assessments have been scheduled into December.

Kids Kottage/Elves, Respite: Brynn has resigned, position advertised. Brynn will stay on Saturdays till the end of December.

Leduc, Bridges: Full caseloads, no waitlist currently. Groups on last Friday of every month, focus on social isolation.

MNA: Metis week is coming up! For more information please visit <http://albertametis.com/>

Unlimited Potential, Open Arms: Will be hiring two new positions. How do we navigate the 'now' request from individuals?

SOCIETY MEETING

- **Call to order and roll call**
- **Approval of last meeting minutes -Catherine**
- **Finances**
 - \$7,278.63 expended from the \$10,000 allocated to Network development.
 - \$2,721.37 (minus \$500 allocated to Provincial face-to-face Network meeting in November).
 - **Motion (Lisa) to allocate \$500 to Network brochures, seconded (Denise), approved.**
- **GOA and support for the FASD Service Network Model discussion**
 - Discussion and worry expressed throughout the FASD Networks of the lack of commitment by the GoA to the FASD Service Network Program (limited staffing support with GoA, no strategic plan...)
 - Suggested that a letter from the Network be sent to Minister Sabir with three asks: increase in operational funding by 15% (cost of living increments/waitlists), commitment to a strategic plan so that Networks can look at the present and the future, and an in-person meeting to discuss the first two.
 - **Motion (Denise) to write a letter to Minister Sabir in regard to the above-mentioned discussion, seconded (Dani), approved.**
 - FASD Service Networks are meeting face-to-face with each other and the DM and ADM next week.
 - FYI, Community and Social Services Minister Sabir – Social Policy announcement Thursday November 8th. Lisa will be attending.
- **Community Conversation: Adult FASD Assessment Clinic**
 - Conversation to be carried forward till the December meeting.
 - Reminder, due to the limited capacity of the clinic, be mindful of the referrals being sent (assessment for interventions).
- **Prevention Conversation Project**
 - Brittany is the facilitator for the Network.
 - If your agency/program has not received the FASD Prevention Conversation training or would like a refresher, please contact Brittany at Brittany.durant1@gmail.com
- **PDD Review**
 - We have been invited to present Thursday, December 6, 2018 to the PDD review panel.
 - Presenters have 30 minutes to share information with the review panel and 15 minutes for questions and answers.
 - Lisa must RSVP by November 16th, 2018 (this has already been sent).
 - A discussion guide has been provided.
- **New research/resources**
 - **'Cannabis Talk Kit: Know How to Talk with Your Teen': www.drugfreekidscanada.org**
 - Provides balanced information so that youth can make informed decisions about cannabis use while assisting families to navigate through a changing cannabis landscape.
 - 1 in 5 youth aged 15 – 19 have used cannabis in the past year.
 - Cannabis use more prevalent among males than females.
 - The risk of developing an addiction is 1 in 6 among those who start using cannabis during adolescence.

- Youth are particularly vulnerable to negative outcomes due to the extensively changes taking place in the brain during the teen years, notably the ongoing development and maturation of the prefrontal cortex, which is critical to higher-order cognitive processes such as impulse control, working memory, planning, problem solving and emotional regulation.
- The resource covers: the risks, how do I talk to my teen about cannabis, OK now just tell me what to say, and other resources.
- **'Management of opioid use disorders: a national clinical guideline':**
<https://preventionconversation.org/2018/10/23/management-of-opioid-use-disorders-a-national-clinical-practice-guideline/>
- Guideline is intended to promote the use of evidence-based interventions for treatment of opioid use disorder across the addiction care continuum in Canada.
- Of interest, special consideration is given to pregnant women.
- Abundant supporting evidence has rendered methadone the most frequently prescribed opioid agonist during pregnancy.
- However, more recent research suggests that buprenorphine may be safe and effective.
- Withdrawal management is not suggested during pregnancy, primarily because of the high rates of relapse and the adverse outcomes associated with rapid withdrawal and subsequent relapse, such as maternal and fetal distress, fetal death, preterm labour and long-term developmental issues.
- **'Women and Cannabis: <https://preventionconversation.org/2018/04/24/resource-women-and-cannabis/>**
- Precautionary principle of abstinence.
- Research still learning about the effects of cannabis use during pregnancy on babies, children, and youth.
- Research inconclusive, 'may' cause...
- Important consideration is the polysubstance use: alcohol, cannabis, smoking.
- **'CanFASD: Strengths Among Individuals with FASD':**
<https://edmontonfetalalcoholnetwork.org/2018/10/26/canfasd-strengthsamongindividualswith-fasd/>
- When research focusses on the challenges associated with the disability, this can help validate the experiences of individuals with FASD and their families.
- When research focusses on the strengths of individuals with FASD, this can promote their "immense potential and celebrate the unique contributions that each individual has to offer."
- Motivational speaker, Myles Himmelreich, urges us to think differently about FASD, not only as Fetal Alcohol Spectrum Disorder, but Faith, Ability, Strength, Determination.
- **Council/Committee updates**
- **AB FASD Family Advisory Council:** Meets four times a year. Promote and support the needs and services for people with FASD.
- Inclusion Alberta is the administrator of the group.
- **Youth Justice:** one individual has gone through section 19.

NEXT MEETING: Tuesday, December 4th, 2018.



#GoPurpleAB in November for Family Violence Prevention Month

Family Violence Info Line: 310-1818
alberta.ca/EndFamilyViolence

