

Edmonton Fetal Alcohol Network Society



Tuesday October 2nd, 2018 | 10320 146 Street, Edmonton

Supports and Services 9:00 – 10:00 am

Society Meeting 10:00 – 12:00 pm

SUPPORTS AND SERVICES

- **Call to order and roll call**
- **Approval of last meeting minutes - Brynn**
- **Reporting**
 - ORS is due no later than 9:00 am, Friday, October 5th, 2018.
 - Narrative report is due no later than 9:00 am, Friday October 12th, 2018.
 - 6-Month Expenditures (April 1 – September 30th, 2018) Schedule B is due no later than 9:00 am, Wednesday, October 31, 2018.
- **Finances**
 - It is expected that funded service providers have spent half of their allocated funds. If this is not the case, please contact the Network Coordinator to discuss.
- **Service Quality and Compliance Review**
 - Reviews for each funded program must be completed before the end of 2018.
 - Please have filled out the 'Service Quality and Compliance Review' (page 20 of Policies and Procedures) and begin the 'Principles of Best Practice Self-Assessment Survey' (page 34 of Policies and Procedures), no later than November 16, 2018.
 - For the 'Principles of Best Practice Self-Assessment Survey' focus on identifying the strengths and weaknesses of the funded program.
 - Principles of Best Practice Self-Assessment Survey:
<https://edmontonfetalalcoholnetwork.org/through-the-years/2018-2019/principles-of-best-practice/>
 - <https://edmontonfetalalcoholnetwork.files.wordpress.com/2018/01/efan-operational-policies-2018.pdf>
- **PDD Review**
 - Do we want to invite Dorothy Badry, co-chair of review committee, to discuss?
 - **ACTION:** Lisa will invite Dorothy to November/December/January meeting.
- **Program updates**

Bissell: No waitlist, caseloads open. Hope Terrace has openings, currently going through referrals.

CASA, FasTracs: NA

CASA, First Nations: NA

CSS, First Steps: NA

CSS, McDaniel Youth: Group programming is beginning again today, waitlist is moving.

EFRY: Community position filled, school programming has begun.

Glenrose, Children: Social worker position filled, 130 children on the waitlist.

Glenrose, Adult: Staffing changes upcoming, halfway through meeting deliverables for the year, speech-language pathologist is seeing everyone who comes through the clinic.

Kids Kottage/Elves, Respite: Busy with school expansion, Donna Debolt training Oct 19th and 20th, Basic Shelf program (food security) began this past Saturday, Food For Good, FASD respite program full, new social work staff.

Leduc, Bridges: No update.

MNA: NA

Unlimited Potential, Open Arms: Open position filled, waitlist at 3 – 4 months.

SOCIETY MEETING

- **Call to order and roll call**
- **Approval of last meeting minutes – August minutes approved (Catherine)**
- **Network Co-Chair position**
 - Sadie Chave nominated by Brittany, seconded by Catherine, approved. WELCOME SADIE!
- **AGM follow-up**
 - Approved audited financial statement, audited schedule B, and Bergeron & Co. as auditors for this fiscal year.
 - Annual filing with the Alberta Corporate Registry has been sent in.
- **Finances:**
- **Request from Lakeland Centre for FASD:**
 - Request for EFAN to do a partnership with Lakeland and AB Hospital to host an assessment and dx overview training day with Dr. Mela and Nelson for Henwood and CASA clinicians.
 - Request that EFAN cover one of the \$2000 cost for presenter.
 - **Motion: Provide \$2000 to Lakeland Centre to cover the cost of one of the assessment training presenters, approved.**
- **Request from FASD Service Network Program:**
 - Request from the FASD Service Network Program for each Network to contribute \$500 to the cost of hosting the face-to-face Provincial Network meeting in November 2018.
 - **Motion: Provide \$500 towards the Provincial Network meeting in November 2018, approved.**
- **Subcommittees Needed**
 - Event Planning Committee is needed to plan the yearly activities of the Network.
 - Events can include: parade, AGM, FASD Day, Strategic Planning Day...
 - Volunteers: Brynn, Catherine, Brittany, Miranda, Amanda
 - First meeting will be November and meetings will occur after the Network meetings.
- **New research/resources**
 - **Lakeland Centre for FASD** is hosting a training with Dan Dubovsky: Systems of Care, An approach to Mental Health and Substance Abuse.
 - The training is on October 16, 2018, cost \$75/person.
 - To register or for more information please email klobb@lcfasd.com or phone 780-594-9905.
 - **Metis Nation of Alberta** is hosting their Community Health Night, Wednesday, October 24th, 2018, 5:30 – 7:30 pm.
 - Metis doctor, Cassandra Felske-Durksen, will be presenting on maternal health and family planning.
 - Register at: mnamaternalhealth.eventbrite.com
 - **FASD Frontline Meeting:**
 - Tuesday, October 9th, 2018 9:00 – 11:00 am at Parkdale School.
 - Emily Kucher from SKILLS will be presenting on their housing project.
 - **The FASD Patient Journey Project: Participants Needed**
 - ASH Project seeks to enhance services for individuals with FASD and their families.
 - The project team will be visiting communities throughout Alberta conducting interviews with adults with FASD, parents/caregivers, and service providers to hear about their experiences with FASD services, including addiction and mental health.
 - Interviews will take place through November 2018.
 - For more information please contact Randal Bell at 780-224-5802.

- **Neurodevelopmental outcomes in individuals with FASD with and without neglect: Clinical cohort data from a national diagnostic clinic**
 - DOI: 10.1016/j.alcohol.2018.06.002
 - Published in *Alcohol* (Mukherjee. R., and associates)
 - Look at developmental impact of prenatal alcohol exposure from postnatal neglect.
 - In the study, developmental outcomes across groups were compared in a 'natural experiment'.
 - Developmental outcomes included diagnosis of ADHD, social and communication disorder or autism spectrum disorder, and short sensory profile and these were compared across two exposure groups: prenatal alcohol only and prenatal alcohol and neglect.
 - 99 persons were audited (age ranges from 6 – 26, most 14 years or younger).
 - Findings: postnatal neglect did not make developmental outcomes any worse, suggesting that prenatal alcohol influences these outcomes independently.
 - "Professionals who support families looking after a child with both FASD and a history of neglect should be aware that the behavioural difficulties are likely to be related to prenatal alcohol exposure and not necessarily reflective of parenting quality."
 - **Kids Brain Health Network Navigation Support Project for Children with Neurodevelopmental Differences**
 - EFAN along with CASA, the Glenrose, AHS Children's Mental Health, Autism Edmonton, Cerebral Palsy Association in Alberta, U of A, U of C, and FSCD are the key stakeholders represented on the Project Steering Committee.
 - Families supporting children with neurodevelopmental differences, including autism, FASD and cerebral palsy, often confounded by co-existing mental health issues, struggle to find appropriate and needed services for their children.
 - The system is fragmented and there is no systematic approach to supporting these families.
 - This project aims to develop an integrated, pan-disability navigation support system that will be easy for parents and service providers to access, eliminate current barriers, and be efficient and cost effective.
 - The project goals include that families will be able to find resources that are available, appropriate and needed to support their child with neurodevelopmental differences, agencies and service providers will be aware of the navigation support system, able to readily access it and able to coach the families that they are involved with to enable them to readily access services, that diverse agencies and other stakeholders (including families) will work together for the common goal of the development of and maintenance of an integrated system of navigation support, and the new navigation support system will be sustainable.
 - The Alberta project is part of a national project coordinated by Kids Brain Health Network and funded by private donors, with in-kind contributions from local disability-related agencies, service providers, and NGOs.
 - There are three arms of the national project: Alberta, BC, and Yukon.
 - This is a 3-year project, January 2018 – January 2021.
 - The project will be looking for participation in surveys and in-person interviews with key programs and agencies involved with EFAN, including parents/caregivers and frontline staff.
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