

Meeting Minutes

Tuesday May 1, 2018 | 10320 146 Street, Edmonton

Supports and Services 8:30 – 9:30 am

Society Meeting 9:30 – 11:30 am



Supports and Services Minutes

- Call to order and roll call.

Approval of last meeting minutes

- Approved by Cordene.

Reporting

- ORS has been submitted to the Government from the Network.
- Narrative reports were due April 13, 2018, if you have not submitted please do so asap.
- Unaudited Schedule Bs were due April 30, 2018 by 9:00. If you have not submitted, please do so asap.
- Audited reports are due no later than June 30th, 2018.
- July 6th ORS quarter 1 due.

Finances

- Cheques for the first quarter payment have been mailed out.
- The 2nd, 3rd, and 4th quarter will be deposited with our Network Banker early in July and payments will be sent out with the remaining quarters together upon receipt on the funds.
- Next financial report is due October 30th, 2018. This is the 6-month Expenditures Schedule B (April 1 – September 30th, 2018).

Short-term intervention/navigator

- Best practice aim: return phone call/emails/communications within 48 hours.
- Adult Navigator: Catherine, 780-423-2285 ext 157.
- Youth Short-term: Stephanie, 780-717-4092

FASD and political climate

- The Provincial Network team (including the CMC, Parent Advisory Council, and Network Coordinators) will be attending a three-day face-to-face meeting at the beginning of May. AM has asked that the 'political climate' be on the agenda.
- AM has sent a reminder to all Networks that it is important that FASD stay top-of-mind for our Provincial Government. One way to do this is to invite Minister Sabir to agency/network events, such as AGMs and trainings.
- As a collective, what can we do?
- His office can be reached at:

Sabir, Irfan, Honourable

Minister of Community and Social Services
Members of Executive Council
Executive Branch
224 Legislature Building
10800 - 97 Avenue
Edmonton, AB
T5K 2B6

'What's in a name?' and 'Putting a face to a name': Staff/Agency/Program highlight

- We would like to use our Network social media sites to feature staff, programs, and/or agencies that make up our Network, helping EFAN to brand from the inside out.
- The goal is to humanize the Network, helping to showcase our culture and personality
- Options (all of which would include program specific information/contact): showcase staff, behind the scenes look at the program, exhibit the agency. For example: where did McDaniel Youth Program, Open Arms, Elves get their names from; who is Catherine with FASS, what does she enjoy about working with the agency and what has been her biggest learning, what are the key ingredients to making GES a successful program...
- **Action: Funded agencies/program/staff, please brainstorm what you would like to highlight in regard to your support/service/staff. Lisa will be contacting everyone over the months of June and July.**

Program updates

Bissell, FASS: New drop-in open, it is now called 'Community Space'. Maternity leave position in FASS currently posted.

Bissell, Hope Terrace: Currently no openings.

CASA, FasTracs: 12 children currently on the waitlist.

CASA, First Nations: NA

CSS, First Steps: 2 individuals on the intake, down one-staff. CSS is holding an art-walk. Denise will forward the information to Lisa.

CSS, McDaniel Youth: Waitlist currently at 38. Planning day to occur later in May.

EFRY: NA

Glenrose, Children: Continuing to learn over the next few months. Have a liaison with Children's Services and looking at cost sharing educational psych assessment between Children's Services and School.

Glenrose, Adult: Clerk is absent, working on scheduling people and completing files. Agencies are requested to inform Bernie if programs have lost contact with a particular client.

Kids Kottage/Elves, Respite: Accepting applications for next school year (children ages 3 – 8 and parents must be able to transport children to and from the centre). June 7th golf tournament. May 18th volunteers needed to sell 50/50 tickets. Brynn: 780-920-5342 (contact in summer)

Leduc, Bridges: Program is busy. Currently transitioning, Laurel will be retiring!

MNA: No update.

Unlimited Potential, Open Arms: Currently one-month waitlist. New staff being oriented. Agency focus is on trauma-informed practice, Sanctuary Model.

Society Meeting

- Call to order and roll call.

Approval of last meeting minutes

- Approved by Brynn.

Finances/FASD Service Network Program

- All Service Network Program funds are spent for the 2017 – 2018 fiscal year.
- Upcoming expenditures include K-Days expenditures, Board Insurance, cost associated with FASD Day Community Picnic (Sunday September 9th), and AGM.
- Currently the FASD SNP Annual Report and Audited Report are being completed. These are due no later to Alberta Human Services by June 30th, 2018.
- Motion (Denise): allocate and approve the expense of up to \$1,600 for EFAN professional liability insurance, (seconded by Brynn), approved.

New research/resources/'in the news'

- National Post: More than a million Canadians could have fetal alcohol spectrum disorder <https://preventionconversation.org/2018/04/11/national-post-more-than-a-million-canadians-could-have-fetal-alcohol-spectrum-disorder-study/>
- Centre for Addiction and Mental Health released a report last month with current prevalence estimates in the Greater Toronto Area, but it is a part of a global study of FASD prevalence guided by the World Health Organization.
- Dr. Svetlana Popova was the lead researcher who surveyed 2,555 seven- to nine-year olds from 40 schools, making it the first survey to be reflective of Canada's diverse population (not focused on a narrow group of children, such as those in-care).
- During the 1st phase students were pre-screened to assess their physical development, behavior and learning problems, and facial features associated with FASD. During the 2nd phase student underwent a neurodevelopmental assessment and then eligible mothers were invited for interviews.
- Popova quote, "We are more confident now. FASD can happen to anyone, regardless of race, ethnicity, socioeconomic status."
- Knowing that many children are misdiagnosed or not diagnosed at all, each student was independently assessed (team included geneticists, psychologists, and pediatricians).
- Popova's estimates are 1.8-3% (up from current 1% and higher than recently released autism estimates of 1.5-2%).
- Results representative of metropolitan areas but not applicable to remote northern communities, children in-care, people in prison or psychiatric institutions.
- **Takeaway:** Study also suggests that risk of FASD is not confined to marginalized groups (i.e. poverty).
- **Takeaway:** Tackling FASD actually means tackling the bigger problem of 'let's get together and have a drink', that is part of our culture.
- **Question:** As a collective, how can we begin to tackle the culture of alcohol that exists in our community?

Edmonton and area, The Most FASD Friendly City in Canada: How Do We Make This Happen?

- Today's Parent published last month an article titled 'How Two Women Who Wouldn't Take No for An Answer Transformed Their Tiny Newfoundland Community from A Zero-Resources Town to The Best Place in The Country to Raise Kids on The Autism Spectrum'.
- <https://edmontonfetalalcoholnetwork.org/2018/04/09/lets-work-towards-the-most-fasd-friendly-town-in-canada-the-most-autism-friendly-town-in-canada/>
- Grassroots initiative (by a retired special education teacher and a Mom) in Channel-Port aux Basques, population of 3,665, 300 children, 14 diagnosed with ASD.
- Key quotes from article: 'every child having their own unique pattern and severity of symptoms', 'want children to feel accepted and happy', and 'made this not only a possibility but normal', 'a place where parents felt supported and children with ASD could participate in life to the fullest', 'Autism supports and services integrated into the fabric of their hometown, not siloed'.
- **"You don't have to throw millions of dollars at a program. You don't have to build anything. All you have to do is open your mind and ask questions."**
—**Candace Matthews**
- Things they did: started a parent group, library of parenting books and resources, prepared businesses to understand ASD through education (barbershop, recreation centre, restaurants/menus, hotel/sensory room), coaching parents.
- **Goal:** To make Edmonton and area the most FASD friendly place in Canada where individuals with FASD feel accepted, happy, and participate in life to the fullest and where parents and caregivers are supported with FASD resources, services, and supports that are integrated into our communities.

- Ideas from the caregiver Facebook page: change the messaging (acceptable like ASD), classroom changes (meditation and mediation), educate the educators, life skills teen/tween, training parents/caregivers.
- **Action: From the discussion sticky notes (children/youth, adults, parents/caregivers, women-at-risk), key themes will be identified and follow-up discussion at June/July/August Network meetings.**

K-Days parade

- The 'Every Brain is Different' t-shirts and hats have been delivered, please let Lisa know if you need one so that she can bring them to the upcoming meetings.
- Applications to participate in the parade are not out yet, but they should be available in May 2018.
- Considerations: minimum number to enroll (3), morning crew to drop off coffee/snacks/blankets to sit on, are we carrying anything, whistles?...
- May 11, please confirm number

FASD Day

- The High-Level Bridge will be lit up the week prior to September 9th.
- The application to civic-events Edmonton has gone in for Dr. Wilbert McIntyre Park (park beside Old Strathcona market) for Sunday September 9th, 2018.
- The application was to host a 'Community Picnic' 11am – 2pm (with time allocated before and after for set-up and clean-up)
- Considerations: 2-million liability insurance will be needed, food, community agency information, event poster, volunteers...

AGM

- Date: September 4th not a possibility (first day of school), perhaps September 11th?

All Network members (including colleagues, clients,...) will you be participating in the K-Days parade (July 20th), FASD Day Community Picnic (September 9th) and AGM (tentative date September 11). Please email Lisa the answers by May 11, 2018 so that the Network can confirm plans for these events.

Council/Committee Updates

Education and Training Council:

- Council representatives will be meeting this week for a three-day meeting with the Provincial Network team (CMC and the Networks).
- Their role and direction will be discussed.
- Archived 'Learning Series' must be gone through to delete those that are no longer relevant with current research and best-practices. If you are watching the videos and note one that is outdated, please email Lisa.
- May's webcast will be a pre-recorded session with Nancy Poole.
- If you have any topics or speakers you would like to see on the 'Learning Series' please email Lisa.
- Draft 'Best Practices for Serving Individuals with Complex Needs' and 'FASD Workforce Development Framework'. Final versions will be posted on the website once permission received.

PCAP:

- ASI training in June.
- Ongoing conversation with the CMC concerning data (ORS and Penelope)

Supports and Services:

- Have not met.

Youth Justice Project:

- Quiet at the moment, 2 conferences being planning.

Additions

- **Parent Facebook Page:** going well, currently 38 members.

Reminders:

Lisa's contact information has changed: lisa@rogozinsky.org and 780-919-0354

The EFAN email address is edmontonfetalalcoholnetwork@gmail.com

The EFAN mailing address is still located at CSS: 10320 146 St, Edmonton AB

Membership fees: for this fiscal year are due (\$20). Please make sure that cheques are made out to 'Bissell Centre', and mailed to EFAN, 10320 – 146 Street, Edmonton, AB, T5N 3A2. Along with the fee please ensure that the 'Membership Form' is completed and sent in.

Next meeting date: Tuesday June 5, 2018