

It is more effective to change the environment than to change your child's brain damage.

Ownership

EFAN

1. Label your child owns belongings with a sticker, or by color-coding or otherwise labeling them., Everything with blue stickers are his. If they don't have his sticker on them, he should not take or use them.
2. Provide your child/youth with clothing that does not have pockets, therefore they can not put random items into their pockets.
3. Check your child's pockets and backpacks for items that are not theirs. Reward them when they come home without anyone else's possessions.
4. When you find an item that does not belong to the child, say to the child, help me to return this item back to the owner.
5. If your child takes something that is not theirs, do not get caught up in an argument about how they got the item, why they have it, etc.
6. Avoid the lecture of stealing. Returning the item back to the owner is effective than the lecture.
7. Know your child/youth possession so that you can easily identify if they have a new item that is not theirs.
8. Supervise, supervise, and supervise. Children and teens with FASD need supervision 24 hours a day.
9. Prevent youth from hanging out at stores and the mall A good rule is that a parent must always go with the child or teen to the store or mall.
10. Lock valuables up in a safe place in your home.
11. Advise your guest not to leave purses, money or property out while at your home.



12. Have discussions with friends and family when you are going to their place. Ask them to have all valuables out of reach of your children.
13. When attending appointments, sit a fair distance away from other people so carelessly (or otherwise) placed purses, wallets, hats, coats etc. are not easily accessible.